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CONDITIONS:** _____

SHIRT SIZE(please note adult or youth size):

EAST MEADOW JETS

BASEBALL



TRADITION

NYS Champs
1997
Long Island Champs
1997
Long Island Finals
1991, 1997, 2005
Nassau County Champs
1969,1991,1997,2005
Nassau County Finals
1968,1969,1991,1996,1997,1999,2001,2002,2005
Conference Champs
1959,1967,1968,1969,1976,1978,1982,1985,1987,1988,1991,
1992,1993,1996,1997,1999,2002,2005,2006,2009

EAST MEADOW JETS

SUMMER BASEBALL ACADEMY



**DIRECTED BY THE
ENTIRE
EAST MEADOW HIGH
SCHOOL STAFF**

July 5 - 9

**AT EAST MEADOW
LITTLE LEAGUE
COMPLEX**

**Instructional Baseball for
Children Ages 6 – 12.**

ABOUT THE DIRECTORS:

KEN SICOLI - is one of the most decorated coaches in the history of Nassau County - winning Nassau Coach of the Year Award 15 times. He guided the first large school from Nassau to win the NYS championship. He has had 3 appearances in the LI Championship, 3 Nassau Championships, 7 County Finals , 14 League Championships. He has amassed a record of 469-211-9 in his 28 years as the varsity head coach at EMHS. He has coached the Empire State Team 11 times.

VIN MASCIA - has been coaching baseball for over 28 years - 24 of those years have been dedicated to the East Meadow Jets. As the JV Jets skipper, he recorded a remarkable 117 - 8 record(94% win pct). He is the current third base coach for the varsity Jets along with being their catching instructor. He has been a part of 1 NYS championship, 2 county championships, and 4 county final teams.

JOHN MARCIANTE - has been coaching baseball at EMHS for 11 years. He has been the Jets varsity pitching coach for the past 4 seasons. The team has been to 3 County Semi-Finals under his instruction. Previously, he led the JV Jets to 3 consecutive undefeated seasons and a 67-6 record. He was named Nassau JV Coach of the Year in 2006. He was also a captain on the 1991 County Championship team.

KRIS KOZLOWSKI - JVA coach for the past 4 years. Kris was a standout pitcher at **Fordham**, where he was drafted by the Toronto **Blue Jays**. Following his career with Toronto, Kris pitched for the **Long Island Ducks**. Coach Koz currently does many private pitching lessons.

BILL O'CONNOR - JVB coach. Drafted by the **Minnesota Twins** after being an NCAA **ALL-AMERICAN** outfielder and setting numerous hitting records at Adelphi. Coach O'Connor has been teaching baseball privately for ten plus years and has coached in countless camps. Bill continues to do many private hitting lessons.

**ONE WEEK CAMP
JULY 5 — JULY 9**

JETS CLINIC

** 1st day, - players should arrive at 8:30 for check-in.*

9:00 Dynamic warm-up and stretch

9:15 Speed and base running principles

9:30 Throwing - fundamentals of throwing to get proper rotation. (**One of the most common problems with high school players today).

9:45 Defensive Drill - learn the “correct” mechanics for a different skill each day. Apply those learned skills to various drills and game simulated situations.

10:45 Hitting Drills - provide fundamental tips and instruction to unleash the campers maximum potential! Campers will go through various drills each day.

11:45 Lunch

12:15 Discussion of previous drills and coaches observations

12:30 Developmental Game - campers will play a game with immediate and constant feedback and positive reinforcement.

1:50 Discussion about the game and situations that came up.

2:00 DEPART

This camp is a must for the youngster interested in improving their total baseball game.

Our camp is directed and run by the entire **East Meadow High School** coaching staff.

Fundamental skills such as hitting, throwing, catching, bunting, pitching, and defensive play are the focus of the camp. The camp is dedicated to helping the young player educate themselves on proper mechanics and skills to enhance their overall game. Campers will be taught the “correct” way to play baseball by our professional staff in a **fun and high energy** environment!

*The spirit of this camp is to allow the players in this community to attain their maximum potential by ingraining the fundamentals skills at an early age. **ALLOW YOUR CHILD TO GET TO KNOW THE ENTIRE STAFF UP CLOSE AND PERSONAL!!***